

# American Pride

## Summer Blog Hop -- Block 8

finished size: 10.5" X 10.5"

### SUPPLIES

#### Cotton:

10" Square tan or tone on tone  
4" Square -- Blue (flag)  
2" x wof strip Red (flag)  
2" x wof strip Tan (flag)

#### Wool:

Red -- 3" x 4"  
Green -- 2" x 6"  
Bright Gold -- 2.5" x 3"  
Light Gold -- 2" x 2"  
White -- 3" x 8"  
Black -- 3" x 3"

Valdani Pearl Cotton Floss (size #12)

Colors: #1, #5, #0 12, #M 43, #0560

Kits are available on our website:  
[www.myreddoor designs.com](http://www.myreddoor designs.com)



#### Optional Supplies:

SOFT FUSE paperbacked fusible web for transferring wool  
Template Plastic

#### Constructing the Block:

From Blue fabric - cut a 3-1/2 inch square.

From Red fabric - cut two rectangles at 1-1/2 x 4-1/2 and two rectangles 1-1/2 x 7-1/2.

From Tan fabric - cut one rectangle at 1-1/2 x 4-1/2, two rectangles 1-1/2 x 7-1/2 and one 10-inch square.

Sew the short tan rectangle between the two short red rectangles. Sew this strip set to the right side of the blue 3-1/2 inch square.

Sew the two tan long rectangles to the two red long rectangles in this order - tan, red, tan red.

Sew this strip set to the bottom of the previous strip set with the blue square.

The flag square should now measure 7-1/2 inches square.

From the tan 10-inch square, cut on the diagonal twice. Sew two of the triangles to each side of the flag. Then sew the last two triangles to the top and bottom. Trim this final square at 10-1/2 inches.

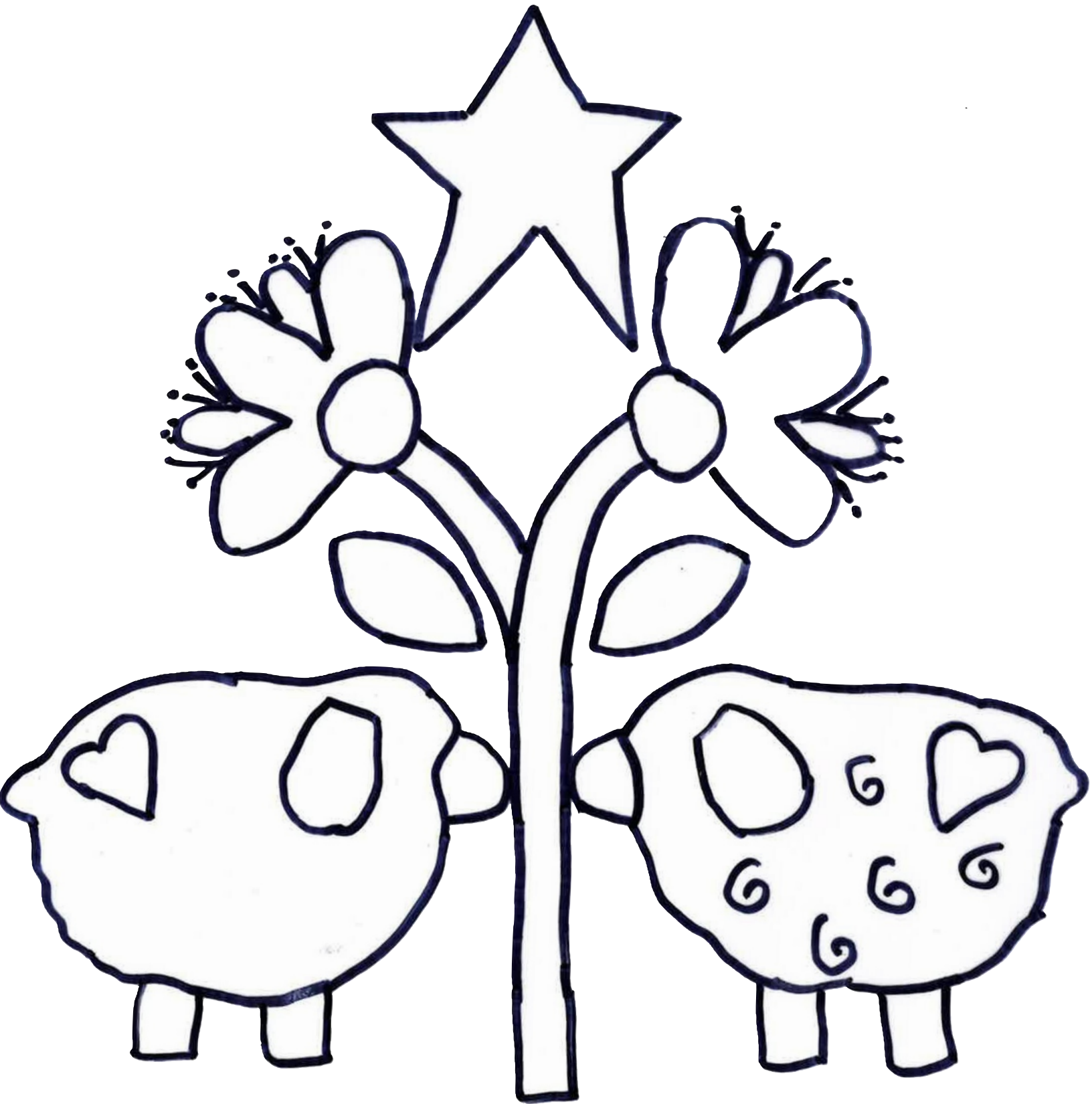
Add appliqué shapes using desired appliqué method.

#### Appliqué Instructions:

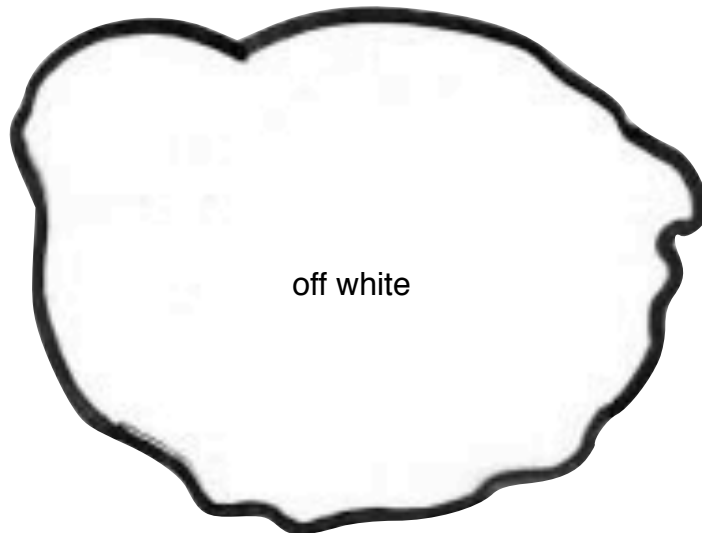
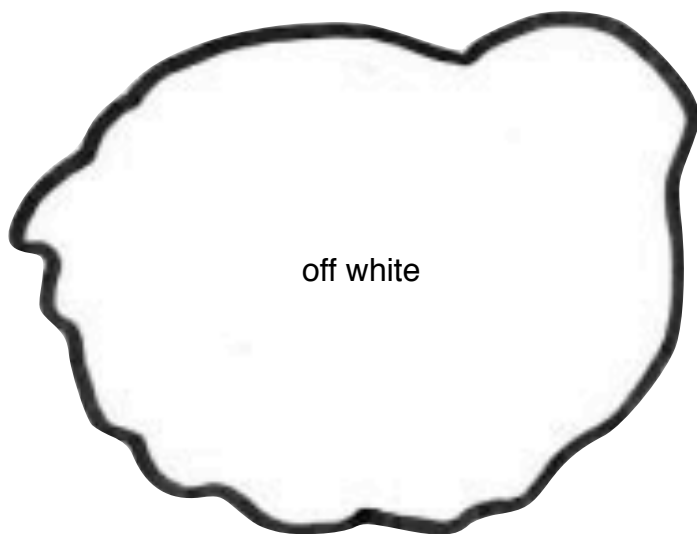
For this project we have reversed the pattern for you, using a bright window or light box transfer the image onto the SOFT FUSE, or the fusible web of your choice. Using a steam iron press the soft fuse onto the color of wool indicated.

Cut out the appliqué on the lines. Place appliqués onto the fabric piece, using the layout guide or trace your image onto template plastic (right side of pattern). Once you have removed the SOFT FUSE paper and are happy with the layout, Press with a steam iron, letting the steam bond the SOFT FUSE to the CLOTH piece. Blanket stitch or whip stitch around all appliqués using the floss of your choice. Embellish using different stitches. After you complete the appliqué, press well and trim to 10 1/2" square. Then, it's on to the next blog hop block! Your almost to the finish line!!!!

Layout guide  
Use this as your guide or transfer onto template plastic



Templates are reversed and ready to transfer onto the SOFT FUSE



Black

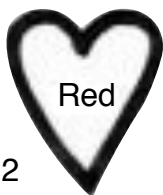


Black



Black

Cut 2 sets ( feet )



Cut 2

Red

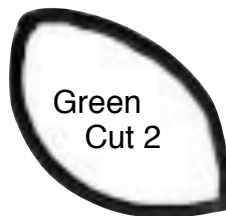


Cut 4

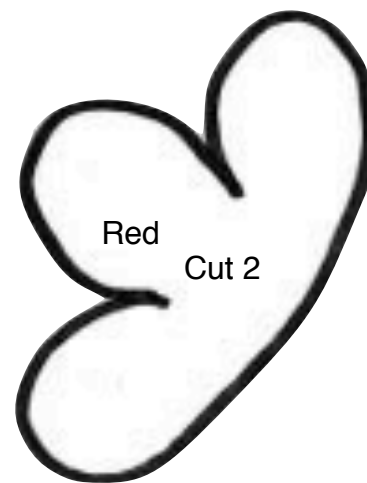
Gold



Cut 2

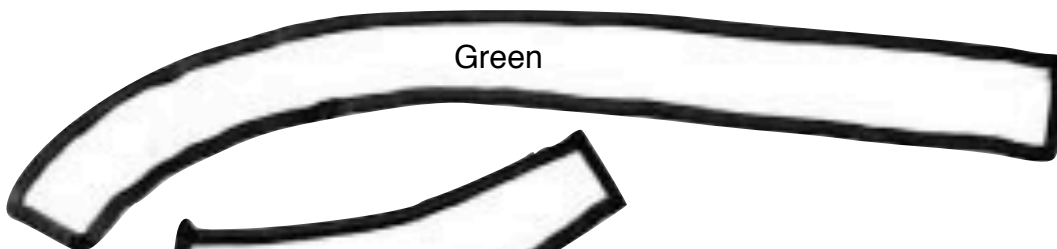


Green  
Cut 2



Red

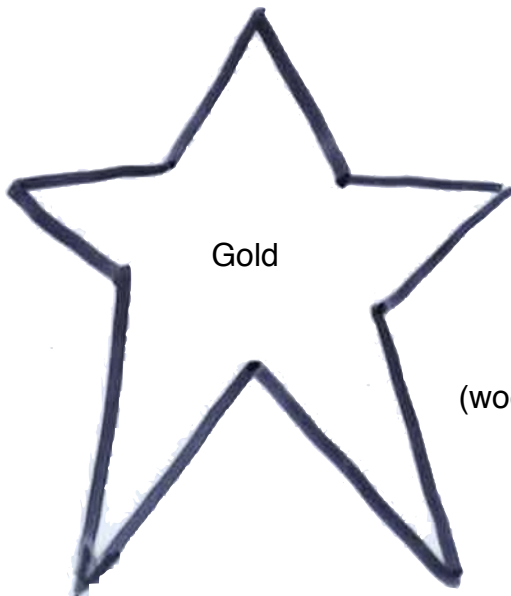
Cut 2



Green



Green



Gold

### My Red Door Designs

Quilt kits, patterns, Wool and Stitchery kits and patterns  
909-796-8299

[www.myreddoor designs.com](http://www.myreddoor designs.com)

We hope you enjoy our block, Kits are available on our website for  
\$12.95 (wool and cotton) and \$35.95  
(wool, cotton and the 5 colors of valdani thread we used plus a bonus thread)

Happy Stitching, Donna and Linda

[www.myreddoor designs.com](http://www.myreddoor designs.com)